



Karate Terminology



NUMBERS

English	Japanese
One	<i>Ichi</i>
Two	<i>Ni</i>
Three	<i>San</i>
Four	<i>Shi</i>
Five	<i>Go</i>
Six	<i>Roku</i>
Seven	<i>Shichi</i>
Eight	<i>Hachi</i>
Nine	<i>Ku</i>
Ten	<i>Ju</i>
Eleven	<i>Ju Ichi</i>
Twelve	<i>Ju Ni</i>
Twenty	<i>Ni Ju</i>
Twenty One	<i>Ni Ju Ichi</i>
Thirty	<i>San Ju</i>
Thirty One	<i>San Ju Ichi</i>
One Hundred	<i>Hyaku</i>
One Hundred One	<i>Kyaku Ichi</i>

YELLOW BELT REQUIREMENTS

English	Japanese	English	Japanese	English	Japanese
Technique	<i>Waza</i>	Free Fight	<i>Kumite</i>	Fore Fist	<i>Seiken</i>
Fore Arm	<i>Ude</i>	Chop	<i>Shuto</i>	Stance	<i>Dachi</i>
Elbow	<i>Empi</i>	Back Fist Strike	<i>Uraken Uchi</i>	Foot Edge	<i>Sokuto</i>
Ball of Foot	<i>Koshi</i>	Side Squat Stance	<i>Hiachiji Dachi</i>	Front Stance	<i>Zenkutsu Dachi</i>
Cat Foot Stance	<i>Neko Ashi Dachi</i>	Fore Fist Punch	<i>Seiken Tsuki</i>	Down Block	<i>Zenkutsu Uke</i>
Rising Block	<i>Age Uki</i>	Chest Block	<i>Ude Uke</i>	Front Kick	<i>Mae Geri</i>
Front Snap Kick	<i>Mae Geri Keage</i>	Front Thrust Kick	<i>Mae Geri Kekomi</i>	Side Kick	<i>Yoko Geri</i>
Side Snap Kick	<i>Yoko Geri Keage</i>	Side Thrust Kick	<i>Yoko Geri Kekomi</i>	Roundhouse Kick	<i>Mawashi Geri</i>
Form	<i>Kata</i>	Shout of Spirit	<i>Kiai</i>	Teacher	<i>Sensei</i>

BLUE BELT REQUIREMENTS *Including All Previous*

English	Japanese	English	Japanese	English	Japanese
Upper Level	<i>Jodan</i>	Middle Level	<i>Chudan</i>	Lower Level	<i>Gedan</i>
Meditate	<i>Mokuso</i>	Kneeling Position	<i>Seiza</i>	Thank You Very Much	<i>Domo Arigato Gozaimasu</i>

GREEN BELT REQUIREMENTS *Including All Previous*

English	Japanese	English	Japanese	English	Japanese
Breath and Mind Power	<i>Kokyo Ho</i>	Fight or Match	<i>Hajime</i>	Start A Match	<i>Shobu Hajime</i>
Stop	<i>Yame</i>	Red	<i>Aka</i>	White	<i>Shiro</i>
Yes	<i>Hai</i>	Fore Fist Thrust Punch	<i>Seiken Tsuki Kekomi</i>	Reverse Punch	<i>Gyaku Tsuki</i>
Original Position	<i>Moto No Ichi</i>	Time	<i>Jikan</i>	Extended Match	<i>Encho Sen</i>
Shin	<i>Sune</i>	Instep	<i>Ashinokou</i>	Back Stance	<i>Kokutsu Dachi</i>
Belt	<i>Obi</i>	Training Hall	<i>Dojo</i>	Blow	<i>Uchi</i>
Kick	<i>Geri</i>	Thrust	<i>Tsuki</i>		

PURPLE BELT REQUIREMENTS *Including All Previous*

English	Japanese	English	Japanese	English	Japanese
Stop (Ran out of Ring)	<i>Yame Jogai</i>	Extra Extended Match	<i>Sai Encho Sen</i>	Same Time	<i>Ai Uchi</i>
I Don't Take It	<i>Torimasen</i>	Red Wins	<i>Aka no Kachi</i>	White Wins	<i>Shiro no Kachi</i>
Warning of a Foul	<i>Hansoku Chui</i>	Foul	<i>Hansoku</i>	Disqualification	<i>Shikkaku</i>
Warning (Ran out of Ring)	<i>Jogai Chui</i>	Judges Assemble	<i>Fukushin Shugo</i>	Draw	<i>Hikiwake</i>
Judgement	<i>Hantei</i>				

BROWN BELT REQUIREMENTS *Including All Previous*

English	Japanese	English	Japanese	English	Japanese
Please	<i>Dozo</i>	No	<i>Lie</i>	Good Morning	<i>Ohayo</i>
Good Afternoon	<i>Konnichi Wa</i>	Good Evening	<i>Koban Wa</i>	Good Night	<i>Oyasuminasai</i>
Good Bye	<i>Sayonara</i>	Hello	<i>Moshi</i>	Your Welcome	<i>Do Itashimashite</i>
Japan	<i>Nihon</i>	Fight On	<i>Tsuzukete</i>	Resume Fighting	<i>Tsuzukete Hajime</i>